### Waterfront Parks

**Cates Park / Horseshoe Bay Park**
- Venue for soccer and lacrosse on the gorgeous beachfront of the bay.

**Deep Cove Park**
- Features softball diamonds, an outdoor gym, tennis courts, and a beachside playground.

**Kratz Park / Panorama Park**
- Enjoy a sunny spot for outdoor activities like picnics and games.

### Sport

- North Vancouver parks are popular with soccer fields and community centers for sport and recreation activities. For information about booking, please call 604.983.6575 or visit the North Vancouver Recreation Commission website.

### Kayaks / Nature Trails

- **Ravine Trails**
  - A scenic route perfect for a leisurely walk or run.
  - For avid bird watchers, this trail offers a unique opportunity to spot local wildlife and birds.

### Recreation Commission

- For sport field bookings in City and District Parks, contact the North Vancouver Recreation Commission at 604.983.6575.

### Special Events

- **Nature Festivals**
  - Celebrations, Carol Ships Festival and numerous car shows.

### Stewardship

- Voluntary clean-up projects and habitat restoration opportunities are available.

### Dogs in Parks

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  - Do not leave your dog unattended.
  - Keep dogs which are in season away from off leash areas.