Zero waste in a Living City

Recycling diverts waste from the landfill and conserves valuable resources. Let’s keep recyclables and food waste out of the garbage. Together we can reach our region’s goal of diverting 80 per cent of waste from landfills by 2020.

Reduce, Reuse, Repurpose, Repair, Refuse
The best way to deal with garbage is by not creating it in the first place.

• Reduce waste by choosing items with minimal packaging.
• Reuse items like shopping bags, water bottles and coffee mugs.
• Repurpose goods by donating items you no longer need.
• Repair broken items instead of throwing them out.
• Refuse to buy products you won't use often - rent or borrow instead.

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cnv.org/LivingCity
In this guide

Learn how and where to recycle items, use your building’s green bin, and find tips to create less garbage.

Need recycling and food scraps support? Our Zero Waste Coach can help by providing site visits, info sessions, signage and other resources. Call 604 983 7333 or zerowaste@cnv.org
Recycling: containers & glass

- Remove lids
- Flatten items
- Remove food residue

Containers:
- Hard plastic containers
- Frozen dessert boxes
- Spiral wound paper cans

Foil & metal containers:
- Empty aerosol cans
- Lids & caps

Drink cups & lids:
- Gable top & aseptic cartons
- Plastic garden pots & trays

Glass:
- Glass jars
- Glass bottles

NO Broken glass (place in garbage)

NO Polystyrene (Styrofoam)

NO Plastic bags

Take plastic bags and polystyrene to a depot instead.
Recycling: mixed paper

**How to recycle cardboard**
Many buildings have a dedicated bin that accepts flattened cardboard. If not, cut cardboard to no larger than 60cm x 60cm, tie with biodegradable string or twine, and place next to the paper cart.

Want more info?
Find out what goes where at [cnv.org/recycling](http://cnv.org/recycling)
Food scraps

Food scraps are not garbage – they belong in your green bin. Food scraps are now banned from Metro Vancouver landfills, which means using your green bin for food waste.

Use the green bin in three easy steps:
1. Keep a food scraps container on your kitchen counter.
2. Line your container with newspaper or paper bags.
3. Empty the contents into your building's green bin.

Need recycling or food scraps help?
Invite our Zero Waste Coach to give info sessions at your building. We can also provide posters, flyers, signage and other support. Contact 604 983 7333 or zerowaste@cnv.org

What to do with used cooking oil: Small amounts of cooking oil can be wiped up with a paper towel and put in the food scraps cart. Larger amounts can be dropped off at the North Shore Transfer Station Recycling Area. Never dump grease and oil down the drain as this causes sewer line blockages.
What goes in

- Meat, fish, bones & shellfish
- Fruits & vegetables
- Eggs, shells & dairy products
- Plate scrapings
- Pumpkins & gourds
- Coffee filters & tea bags
- Food-soiled paper & pizza boxes
- Grains & pasta
- Leaves & flowers
- Wooden chopsticks

What stays out

- NO Diapers or wipes
- NO Dirt, rocks or sod
- NO Pet waste or kitty litter
- NO Plastic bags*

* NO plastic bags even if labelled ‘Compostable’ or ‘Biodegradable’.

Tip

Wooden chopsticks, soiled pizza boxes, paper towels, and coffee filters go in the green bin.
Garbage

What goes in the garbage?
Not much! Only a few items go in the garbage. Before placing items in the garbage, check to see if they can be recycled or taken to a drop-off depot.

Coexisting with wildlife
Many wildlife encounters can be prevented by managing garbage, food scraps and other attractants. Apartments and townhomes at or near ground level need to take care with items on patios and balconies. Garbage rooms should be kept clean and secure.

Don’t attract wildlife
To report a bear sighting call 604 990 BEAR (2327).
Learn more at cnv.org/BearAware
These items ARE NOT accepted in the garbage

Provincial Take-Back Programs
Many items can be recycled or disposed of safely through a provincial collection program. Drop off these items at several locations in the community including the Recycling Drop-off Area at the North Shore Transfer Station (see Page 11).

To find a nearby drop-off location for your materials:
• Use the What Goes Where tool at cnv.org/recycling
• Call the Recycling Hotline at 604 RECYCLE (732 9253) or visit rcbc.ca
• Search for your item at metrovancouverrecycles.org
Recycling depot

Materials accepted free of charge
at the Recycling Drop-off Area of the North Shore Transfer Station

- Electronics & cell phones
- Car & household batteries
- Polystyrene (Styrofoam)
- Plastic bags & overwrap
- Lamp/light fixtures & bulbs
- Smoke alarms & thermostats
- Recyclables
- Cardboard
- Cooking oil
- Beverage containers
- Large appliances
- Clothing & books
- Scrap metal
- Propane tanks
- Paint & spray paint
- Flammables, solvents & pesticides
- Small appliances & power tools

Materials accepted for a fee
at the paid materials area of the Transfer Station

- Mattresses
- New gypsum drywall
- Food scraps (10 litres or less)
- Yard trimmings
- Garbage

Call or click before you drop off. Materials and regulations are subject to change.
North Shore Transfer Station

30 RIVERSIDE DRIVE WEST, NORTH VANCOUVER

HOURS:
Mon to Sat (Apr 1-Sept 30): 5:30am*-6pm
Mon to Sat (Oct 1-Mar 31): 5:30am*-5pm
Sun & stat holidays: 9am-5pm
Closed Dec 25 & Jan 1
* Recycling Drop-off Area opens at 8am

FOR MORE INFO:
Call Metro Vancouver at 604 681 5600
or visit cnv.org/RecyclingDepot
Connect with us

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North Shore Transfer Station & Recycling Drop-off
30 Riverside Drive W, North Vancouver
604 681 5600 / cnv.org/recyclingdepot