BIKE ROAD MARKINGS AND SIGNAGE

1. Off-road paths such as greenways with the Shared Pathway symbol are shared by pedestrians and cyclists. When cycling, yield to people walking.

2. Elephant’s Feet, dots that are parallel to the crosswalk markings, tell cyclists they do not need to dismount (as they would on a regular crosswalk). Cyclists should slow down and only cross when it is safe.

3. A painted Bike Box at an intersection is where cyclists wait ahead of traffic. Motorists stop behind the box and cannot make a right turn on red if there are cyclists in the box.

4. Sharrows are used where cyclists share the lane with motorists, either in single file or side-by-side. They guide cyclists to the safest place on the street to ride and inform drivers to share the lane with cyclists.

5. A painted Buffer along a bike lane increases the gap between vehicles and cyclists. Cars should not travel in or park in a painted buffer.

Why Walk or Bike to School?

1. BENEFITS FOR STUDENTS
   - BEING ACTIVE BUILDS HEALTHY BONES AND MINDS. Walking or biking to school is not only a great way to be healthy and keep moving but has also shown to increase alertness and grades at school.

2. FAMILY AND FRIEND TIME
   - TIME SPENT WALKING TOGETHER allows families and friends to connect without stressful distractions. It is a time to unwind, play or share stories about each other’s day.

3. COMMUNITY LIVABILITY
   - KNOW YOUR COMMUNITY. Walking and cycling is a great way to meet your neighbours. People feel safer when they know other people in their community.

4. CARE FOR OUR EARTH
   - VEHICLE EMISSIONS ARE THE LARGEST CAUSE OF POOR AIR QUALITY IN BC and are individual Canadians’ greatest source of greenhouse gas emissions. Every vehicle trip replaced by walking reduces our contribution to climate change.

To find out more about safe, active trips to school visit

HASTe: hastebc.org
National: saferoutestoschool.ca
TravelSmart: TravelSmart.ca
City of North Vancouver: www.cnv.org

Queen Mary Elementary School

Best Routes to School

Queen Mary
Elementary School

Best Routes to School are developed based on information we’ve received from parents, your school community and the City’s transportation department. They are chosen to use the safest crossing points and to enable more people walk and cycle together.
DRIVE TO FIVE — 5 MINUTES WALK

LOOK FOR THIS LOCATION ON THIS MAP

Too far to walk and cycle? Help relieve traffic congestion around your school and park legally at least five minutes away from the entrance.

RIDING TRANSIT

LOOK FOR BUS STOPS CLOSE TO SCHOOL ON THIS MAP

Transit can be fun! Families can take the route together a few times before it becomes a solo trip. Remember the bus driver is your friend, sit close to them and they can help.

For transit to school, work or play visit TransLink at translink.ca or call 604-953-3333.

BIKING EVERYDAY

Let’s bike, rain or shine!
School cycling education and improved bike infrastructure are helping make biking possible everyday. Follow the Super Road Cycle Safety rules, and use North Vancouver Bikeways if they are on your route to school.

TRAFFIC CIRCLE TIPS

FOR PEDESTRIANS. Use your Street Smarts and cross at the corners in the unmarked crosswalk, or use a marked crosswalk if there is one. Never cross through the central circle.

... AND CYCLISTS Use your Bike Smarts, cycle carefully in the roadway as if operating a motor vehicle. It is generally best to claim the lane where motorists can see you.

For more information on traffic circles in North Vancouver, please visit: www.cnv.org