



Office of the Mayor

CITY OF NORTH VANCOUVER
BRITISH COLUMBIA

Proclamation

HEART MONTH

Whereas

the Heart & Stroke Canvassing Campaign takes place in February of each year to raise awareness and raise funds to support life-saving research on heart disease and stroke and share vital health information with the public;

Whereas

heart disease or stroke takes a Canadian life every seven minutes; and the Heart & Stroke's mission is to improve the health of Canadians by preventing and reducing disability and death from heart disease and promoting recovery of heart disease and stroke;

Whereas

heart disease is on the rise in women, some risk factors for and symptoms of heart disease are different for women than for men, and 'Wear Red Canada' Day on February 13 is an opportunity to raise awareness of women's cardiovascular health issues and to show support for women at risk of and suffering from heart disease;

And Whereas

we commend the thousands of volunteers, staff and researchers for their dedication and commitment and wish them continued success;

Now Therefore

I, Linda Buchanan, Mayor of the City of North Vancouver, do hereby proclaim **February 2026** as **Heart Month** in the City of North Vancouver, the traditional territories of the Squamish and Tsleil-Waututh Nations.

So proclaimed on Monday, February 2, 2026

Linda C. Buchanan

Mayor Linda Buchanan