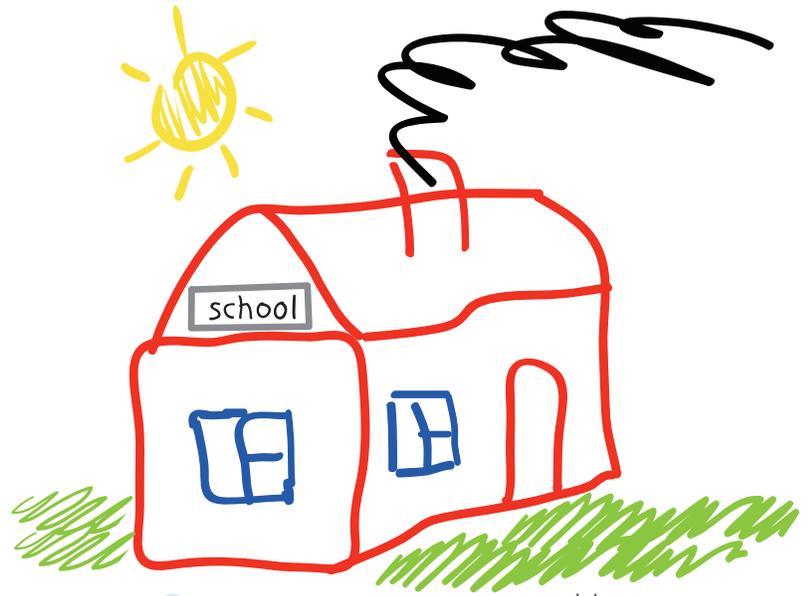
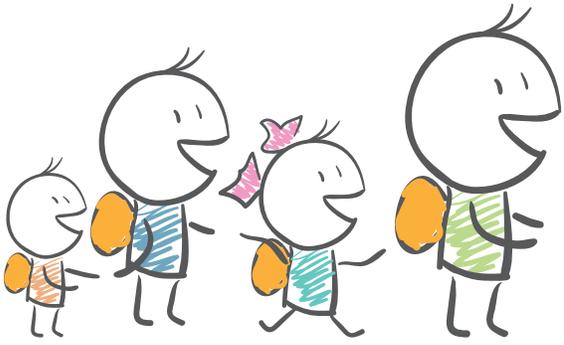


# Walk With Us!



Join our Walking School Bus Program every Wednesday starting February 12th

(Frequency will increase throughout the year)

PLEASE MEET AT ONE OF THE FOLLOWING LOCATIONS AT **8:15AM** OR WALK ON YOUR OWN!

**Meeting Place #1: 14th/Moody Ave.**

**Meeting Place #2: 19th/St. Andrew's Ave.**

Or suggest another meeting spot to a PAC member!

Bring a mug on Feb. 12th to enjoy some hot chocolate at school to warm up after your walk!

This is part of the Safe Route to School Program piloted by the City of North Vancouver, Travel Smart and Queensbury Elementary.

Walking to school is a first step in building healthy habits for life



## Did you know...

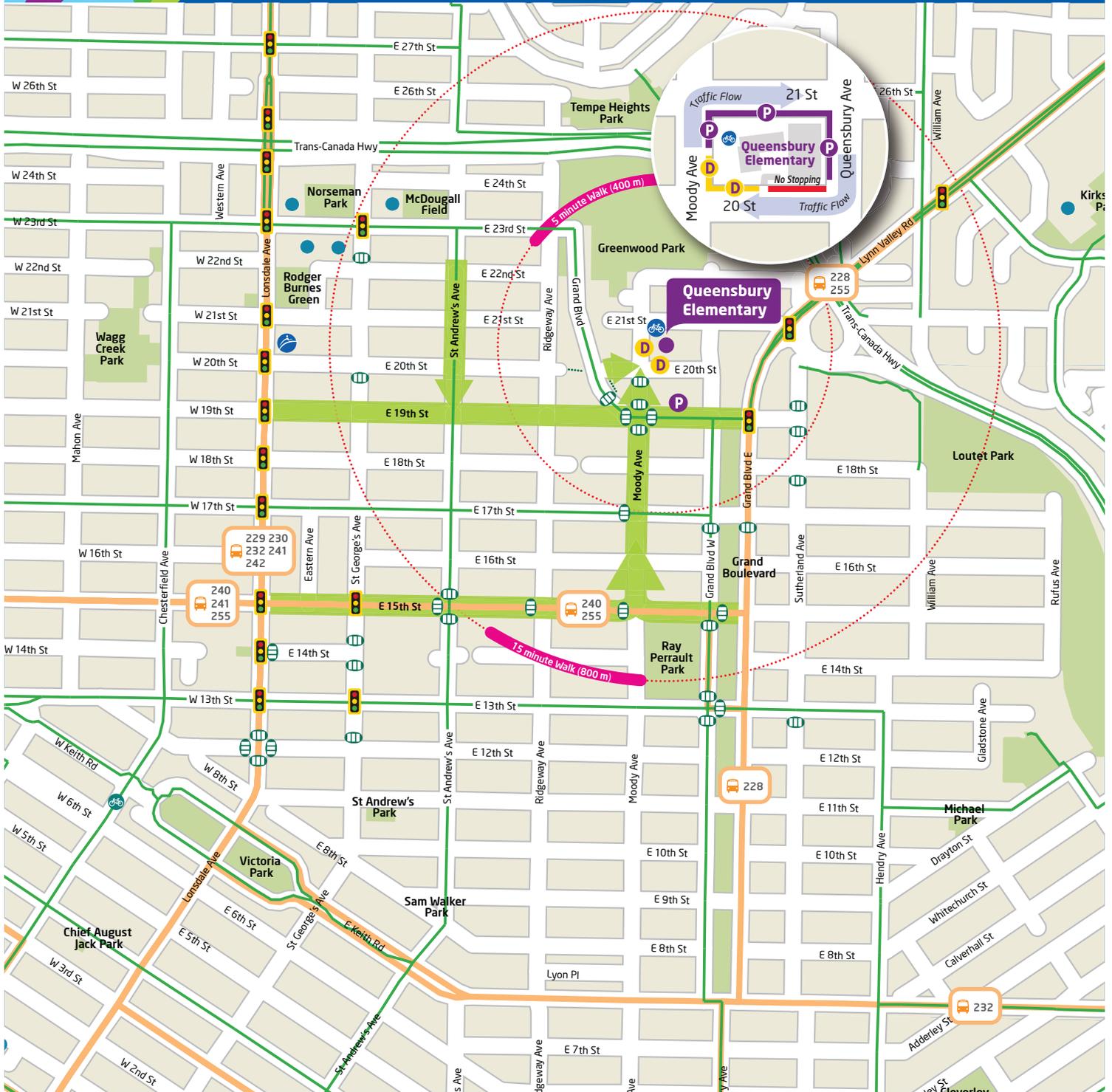
- Two out of three Canadian kids are not getting enough exercise (60 mins/day)
- Kids who walk or bike to school develop more streets smarts
- 90% of parents who walk to school with their kids find out the most about their child's life



## Better brains!!

Active school travel before school can increase a child's ability to concentrate. These effects can last for about four hours.

# Queensbury Elementary



- Legend**
- Bus Service
  - Cycling Connections
  - Trails
  - Best Walking Route
  - Pedestrian Crossing
  - Traffic Lights
  - Park & Walk
  - Bicycle Parking
  - Drop-Off Area
  - Nearest Fare Dealer
  - Recreation Centre

This map is provided as a public resource for general information purposes only. The information shown on this map is compiled from various sources and TransLink and the City of North Vancouver makes no warranties, expressed or implied as to the accuracy or completeness of the information.

A walking, cycling and transit map of your community.



→ [travelsmart.ca](http://travelsmart.ca)