

North Shore Solutions Navigators

Navigators are here to help you identify needs, goals, and assist you in accessing community resources and support from existing service providers.

What can the Navigators help with?

- Listen and offer encouragement
- Make referrals to, and help you access, various community resources across the North Shore
- Follow up to ensure you're getting the help you need
- Help you plan and set goals to meet your needs
- Assist with paperwork and applications

What services can Navigators refer you to?

- Housing
- Mental Health resources
- Childcare
- Settlement services.. and more!

To book a 1 hour appointment email
navigator@nsnh.bc.ca
or call

Rebecca 604-220-8431
or Meg 604-230-2454