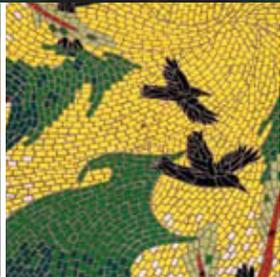


# Civic Youth Strategy

## Programs and Resources

# 09



The City of North Vancouver

Document Adopted by Council Oct. 20, 2008



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# Section 1

## INTRODUCTION

The City of North Vancouver is committed to the provision of youth services, promoting youth development and facilitating youth inclusion. During the past few decades, the City has increasingly supported the role of youth in municipal affairs, significantly adding to its youth services portfolio. This Civic Youth Strategy articulates the philosophy of the City and its provision of youth services in relation to its various departments and partners.

The Civic Youth Strategy includes youth between the ages of 10 – 24 years. The Strategy incorporates Youth Engagement, Youth Outreach Services, Youth Centres, Youth and Arts, Youth Health, Youth Recognition, Youth Grants and Scholarships, Youth Week, Youth Employment, and Youth Safety. All these areas of youth development fall under the larger umbrella of ensuring that City of North Vancouver is a “youth-friendly” and inclusive City.



### Youth Demographics for the North Shore – Census 2006

Age	City of North Van	District of North Van	North Van Totals	District of West Van	North Shore Totals
5 – 9	2010	5000	7010	1970	8980
10 – 14	2140	6250	8390	2780	11170
15 – 19	2290	6320	8610	3275	11885
20 – 24	3035	4950	7985	2285	10270
Total	9475	22520	31995	10310	42305

Based on the 2006 census, there are 45,165 people residing in the City of North Vancouver, of that 16% are between the ages of 10-24 years.

#### North Vancouver School District

- 16,353 students enrolled in September 2008 (9,123 Elementary students and 7,230 Secondary students)
- 28 Elementary Schools
- 5 Alternative Schools – Windsor House, Lucas Centre, Third Step, Keith Lynn Secondary, Learning Together (program for adolescent parents)
- 7 Secondary Schools – Handsworth, Carson Graham, Balmoral Jr, Sutherland, Argyle, Windsor and Seycove





## Section 2

### CITY OF NORTH VANCOUVER'S COMMITMENT TO YOUTH

#### A city which is good for young people is good for the entire community

In 2003, the City of North Vancouver worked in partnership with a number of youth serving organizations including Vancouver Coastal Health to develop a policy paper, *Vision 2020*, in order to articulate the community's commitment to youth and ensure that the North Shore municipalities continue to be dedicated to developing a "youth friendly" environment.

The primary objective outlined in the *Vision 2020* document is: "To promote a community where young people will not be limited by race, cultural background, social background, gender, religious beliefs, sexual orientation, age, physical and intellectual characteristics or economic circumstances. Services, opportunities and supports will be affordable, accessible and available for all young people. Some young people will require different provisions to enable participation."

*Vision 2020* ([www.cnv.org/YouthPolicy](http://www.cnv.org/YouthPolicy)) states that the long term sustainability of a healthy community on the North Shore requires strategies that encourage diversity within the community including diversity of age, income, housing and culture. Without fostering this diversity, it was noted that the community itself will "age in place" and provide limited opportunities for new economic development and growth. In addition, the inherent contributions of youth, seniors, and ethno-cultural groups were recognized as creating a vibrant and socially balanced community. "The wisdom of seniors, the energy and creativity of youth, and the variety of experiences of ethno-cultural groups are powerful resources in creating sustainable solutions to the challenges facing the North Shore."

#### VISION 2020

"To promote a community where young people will not be limited by race, cultural background, social background, gender, religious beliefs, sexual orientation, age, physical and intellectual characteristics or economic circumstances."

*Vision 2020: A Youth  
Friendly North Shore*

A Policy Paper  
Prepared for the  
Population Health  
Group by the Youth  
Initiative Sub  
Committee

Written by Jean  
Thompson June 2003

The City's Civic Youth Strategy is founded on the philosophy of ensuring a youth friendly community and is also based on the goals and objectives outlined in the City's Social Plan adopted by Council in 1998. Section 3.2 of the Social Plan ([www.cnv.org/YouthPolicy](http://www.cnv.org/YouthPolicy)) details the City's commitment to youth. This Civic Youth Strategy presents an updated version of those goals and objectives to assist with future planning.

The Strategy is also built upon the City and District's Review of Municipal Youth Outreach Services ([www.cnv.org/YouthPolicy](http://www.cnv.org/YouthPolicy)). During the process of reviewing the municipality's youth services a number of focus sessions (held during the months of February to April 2006) revealed that youth wanted:

- Programs and activities that involve youth themselves in the identification of issues, planning and implementation of activities – a 'real' implementation of what it means to be truly youth-friendly on the North Shore.
- Programs and activities that utilize true youth engagement, leadership and mentorship programs; allowing for youth driven programs; youth-for-youth planning, development, delivery and measurement of success; and adult supported program - by supporting youth in this capacity, the vision will be one of prevention as opposed to intervention.
- Programs and activities that raise the profile of youth in our community.

As a result of consulting with youth, youth serving professionals, including school personnel, counsellors, and health care providers a vision emerged for youth services in North Vancouver:

"To create relationships and opportunities that enable the development of youth to become meaningfully involved in the life of the municipality and to be healthy, engaged and valued members of the community."

## CIVIC YOUTH SERVICES STRATEGY VISION STATEMENT:

**"To create relationships and opportunities that enable the development of youth to become meaningfully involved in the life of the municipality and to be healthy, engaged and valued members of the community."**



## Section 3

### CITY OF NORTH VANCOUVER'S CIVIC YOUTH STRATEGY

The vision for the City's Youth Services Strategy is to create relationships and opportunities that enable the development of youth to become meaningfully involved in the life of the municipality and to be healthy, engaged and valued members of the community.

#### Civic Youth Services Strategy Objectives and Actions

**OBJECTIVE 1: Inclusivity** - Ensure that the City of North Vancouver provides a "youth-friendly" environment in which youth from all sectors and cultural backgrounds have a strong voice and active involvement in decisions affecting them and their community.

**ACTIONS:** The City will:

1. Endeavour to involve youth in working committees, task forces and ongoing and ad hoc municipal advisory committees.
2. Continue to support City departments and North Vancouver youth serving agencies in their efforts to involve youth in civic / community activities and to have youth interests voiced.
3. Provide funding through the City's Youth Outreach Policy to prioritize youth engagement as a component of youth outreach work.
4. Support inclusive processes for youth involvement.
5. Explore ways to involve youth who do not normally participate in structured programs, in planning for the current and future needs of the community.

**OBJECTIVE 2: Continuum of Services** - Encourage a continuum of relevant support services and opportunities for youth and their families that are accessible, affordable, accountable, innovative, and proactive.

**ACTIONS:** The City will:

1. Continue to support staff to facilitate the development of collaborative youth programs, services, and opportunities for youth.
2. Continue to provide funding support for the provision of Outreach Youth Services and centre-based youth services delivered by non-profit societies, as directed by the “Funding Policy for Outreach Youth Services”.
3. Continue to support and co-fund the Pregnant and Parenting Teen Worker at North Shore Neighbourhood House (with Ministry for Children and Family Development).
4. Continue to work cooperatively with the District of North Vancouver in developing joint municipal policy responses to youth issues.
5. Encourage funding from provincial and federal ministries in support of preventative and therapeutic services for youth.
6. Continue to encourage and facilitate a cooperative approach to youth issues which involves all youth-serving agencies and ministries.
7. Continue the Children and Youth Initiatives Fund as a means to support new programs and events for children and youth.
8. Continue to promote and support Youth Week activities.
9. Support the Recreation Commission in continuing to provide specific youth programming.
10. Identify and support emerging needs of youth service in cooperation with youth serving agencies and organizations.

**OBJECTIVE 3: Facilities** - Support the provision of facilities and spaces for use by youth.

**ACTIONS:** The City will:

1. Encourage affordable recreation, social and artistic opportunities for youth in existing community facilities.
2. Continue to support youth drop-in centres.





3. Work with the North Vancouver Recreation Commission, North Shore Neighbourhood House, Capilano Community Services, Hollyburn Family Services Society, North Vancouver Office of Cultural Affairs and other appropriate agencies to identify potential resources to support youth programming, particularly outdoor, artistic and leisure activities.
4. Continue to support the North Shore Youth Safe House and Transition Housing.

**OBJECTIVE 4: Recognition** - Promote and highlight positive contributions made by youth to the community.

**ACTIONS:** The City will:

1. Continue to support the Civic Youth Recognition Awards Program to recognize:
  - a) youth for their positive contributions to the community and for personal improvement
  - b) adults for their support to youth
  - c) businesses that are supportive and friendly to youth ([www.cnv.org/YouthAwards](http://www.cnv.org/YouthAwards))
2. Continue to partner with the North Shore Community Foundation in providing the “Youth Centennial Scholarship Program in Perpetuity”.

**OBJECTIVE 5: Safety** - Support programs and initiatives designed to promote safety and decrease criminal activities.

**ACTIONS:** The City will:

1. Continue to support local policing efforts, particularly those services that focus on youth.
2. Facilitate opportunities for youth to participate in crime prevention programs.
3. Continue to provide School District #44 with a Violence Prevention in Schools Grant.
4. Continue to work with youth serving agencies and organizations in developing prevention programming.

5. Continue to support the Youth Safe House.
6. Continue to work in partnership with programs that promote and provide restorative justice and alternative measures for youth.

**OBJECTIVE 6: Employment** - Improve employment and career opportunities for City youth.

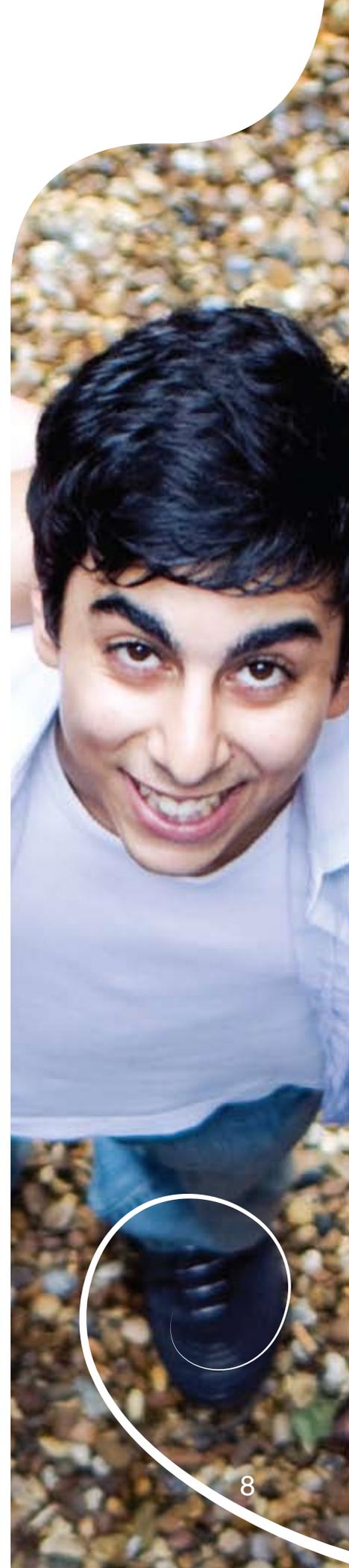
**ACTIONS:** The City will:

1. Continue to implement employment and career development initiatives outlined in the City's Youth Employment and Career Development Strategy ([www.cnv.org/YouthPolicy](http://www.cnv.org/YouthPolicy)).
2. Continue to support *Studio in the City* – a youth employment in the arts mentorship program.
3. Continue to support *Youth in Film* – a bursary program for young filmmakers.

**OBJECTIVE 7: School District Partnership** - Continue to partner with North Vancouver School District to assist with youth services.

**ACTIONS:** The City will:

1. Continue to partner with School District #44 in the provision of youth services through the City's Youth Outreach Program.
2. Continue to facilitate grants that benefit the schools through the Children and Youth Initiatives Fund, Violence Prevention in Schools Fund, and other appropriate City supports and partnerships.
3. Continue to support the Queen Mary Community Developer to work with school personnel, children and families.
4. Continue to support the *Learning Together Program* based at Sutherland Secondary for pregnant and parenting teens.





## Section 4

### YOUTH ENGAGEMENT

The City is committed to utilizing a variety of approaches to meaningfully engage youth.

The City uses a variety of youth engagement processes such as working committees, focus groups, leadership training, contracted leadership positions, and outreach services. These models have proven to be effective because they have advanced and utilized the skills of youth in a variety of capacities within a results-oriented, tangible, youth-friendly environment. The establishment of youth-friendly projects and activities needs to include youth's participation from the inception, with an agenda largely driven by the youth, in order for youth to feel engaged.

### YOUTH INVOLVEMENT IN CIVIC-RELATED COMMITTEES

The City's Social Plan is very clear that youth are valued citizens and should be engaged particularly when there are issues which affect them. Over the past few of years there are a number of examples of civic youth engagement, namely:

- City of North Vancouver Youth Skate Park Committee
- City of North Vancouver and District of North Vancouver Cultural Plan -Youth in the Arts Sub Committee
- North Shore Youth Together Against Violence Committee
- The City and District of North Vancouver Anti-Racism (Y2R) Conference Committee
- City of North Vancouver Youth Ambassador Project (with North Shore Neighbourhood House)
- The City of North Vancouver Studio in the City Art Projects
- City and District of North Vancouver Youth Power Committee (Leadership Development)

“When youth are civically engaged they gain a sense that what they do matters, that they belong in their community, and their community belongs to them.... When youth are connected in meaningful ways to their communities, they become the best of citizens. ....they feel that they can make a difference that their actions matter to others.”

If it takes a village to raise a child, how many children does it take to raise a village?  
(See page 34)

- City and District of North Vancouver Solar Power Committee (Violence Prevention)
- City and District of North Vancouver Youth Week and Youth Week Granting Committee (with the Lions Gate Rotary)
- City and District of North Vancouver Youthnet Committee (Internet Site)
- North Vancouver Random Acts of Art Festival Committee Inaugural
- City of North Vancouver Teen Library Committee
- North Shore Youth Safe House Youth Committee
- City of North Vancouver Social Planning Advisory Committee
- North Shore Youth Friendly Committee and Working Group (with North Shore Multicultural Society)
- City of North Vancouver Youth Centennial Committee
- North Shore Youth Services Directory Committee
- Joint-Use Committee - Sutherland Artificial Turf Field Sub-Committee
- The Youth Centennial Scholarship Working Committee
- The City of North Vancouver Violence Prevention in the Schools Grant Committee
- CITYFEST 101 Festival Planning Committee
- City of North Vancouver Youth Advisory Elist

#### **YOUTH COORDINATING OPPORTUNITIES**

Other methods of engaging youth that the City continues to utilize includes contracting youth to supervise or lead various projects. In these situations specific effort is made to ensure youth are provided a leadership opportunity with some remuneration (this approach is congruent with the City's Youth Employment and Career Development Strategy – See Section 5).

**Talking with  
(and not about)  
youth is a  
powerful tool  
in creating  
successful  
youth policy  
and programs.  
What better way to  
engage youth both  
as consumers of  
services and also  
as consultants  
than as the  
experts on youth  
targeted service  
delivery systems?**

**To sign up for  
the City's Youth  
Advisory Email  
List email:  
youth@cnv.org**



## EXAMPLES OF PREVIOUS LEADERSHIP OPPORTUNITIES:

- Skate Park Tour and Operations Leader
- Soup for the Soul Coordinator (fundraiser for homeless)
- Youth Friendly North Shore Project Coordinator
- Queen Mary Mural Artist Coordinator
- Youth Power Coordinator
- Youthnet Internet Coordinator/s
- Centennial Youth Festival Coordinator
- Giant Birthday Card Artist Coordinator
- ACT Positive Resource Card Artist
- Youth Services Directory and Information Resource Card Designer
- North Vancouver Youth Week Coordinator
- Lonsdale Quay Project Coordinators
- Youth Strategy Document Designer

## CURRICULUM DEVELOPMENT AND LEADERSHIP TRAINING

Youth have also been engaged in civic processes through curriculum development and training opportunities. Youth have been actively involved in developing the “Power Trilogy” curriculum and subsequently many young people have taken this training in order to become more skilled at running groups, organizing and leading projects. The *Power Trilogy* incorporates *Youth Power* (youth leadership), *Solar Power* (violence prevention) and *People Power* (diversity training). In partnership with community agencies the City assisted in the development of this material to provide youth with current and locally-based training. The material and training in these manuals is housed



with the North Shore Multicultural Society who in addition to designing the diversity manual, have designed a fourth manual bringing all the training elements together called, “Engage”. For more information call: 604.988.2931 or email: youth@nsms.ca.

### **YOUTH FOCUS SESSIONS**

The City continues to invite youth to provide their views on various issues. In the past, youth have participated in focus sessions regarding transportation, recreation, (i.e., the development of the skate park and the artificial turf field at Sutherland), arts and culture, Central Lonsdale Study, the City’s Centennial, and the review of municipal youth services. Through the City’s Youth Advisory Elist, material on diverse range of subjects is provided allowing youth to choose to participate in local, national and international initiatives. To be included on the City’s Youth Advisory Email – email: youth@cnv.org.

### **YOUTH ON GRANT AND ADJUDICATING COMMITTEES**

Youth are specifically invited to participate on granting committees. Examples include the Rotary funding for Youth Week Events, funding for Youth Friendly North Shore Projects, funding for the City’s Violence Prevention in the Schools Grant, the City’s Children and Youth Initiatives Grants and Civic Awards Committee and the City’s Youth Centennial Scholarship Fund.

### **COMMUNITY-BASED YOUTH COMMITTEES FUNDED BY THE CITY OF NORTH VANCOUVER**

The City provides funding to a variety of youth serving agencies to support youth programs. In particular the City provides funding to the North Shore Multicultural Society to support their Immigrant and Refugee Youth Support Committee and their Intergenerational Youth and Parent Support Committee. Recently the City provided funding to a Grade 12 Carson Graham Secondary student to facilitate an International





Student Support Group. The City of North Vancouver's Library also has a Youth Advisory Committee.

The City provides funding to North Shore Neighbourhood House ([www.cnv.org/YouthResources](http://www.cnv.org/YouthResources)) to support a wide range of youth programs and committees at Neighbourhood House, Harry Jerome recCentre and John Braithwaite Community Centre. John Braithwaite Youth Centre has a Youth Leadership Committee in which a group of young people have been learning leadership skills so that they could embark on creating and organizing programs for other youth.

The City provides funding to Capilano Community Services Society ([www.cnv.org/YouthResources](http://www.cnv.org/YouthResources)) to provide some similar services. The agencies ensure that youth have the opportunity to shape the development of youth services in the City.

City also supports community development initiatives through the Queen Mary Community Development Worker administered by North Shore Neighbourhood House and based out of Queen Mary Elementary School.

# Section 5

## **YOUTH EMPLOYMENT AND CAREER DEVELOPMENT**

The City is committed to assisting young people with their career development.

The overall goal of the City's Youth Employment and Career Development Strategy, adopted by Council March 2004 ([www.cnv.org/YouthPolicy](http://www.cnv.org/YouthPolicy)), is to support employment and career development needs of youth by utilizing various resources within the municipality.

The three primary objectives are to:

- 1. Provide Meaningful Career Development Opportunities for Youth:** To assist young people including youth at-risk in gaining work experience or being exposed to City functions and projects.
- 2. Facilitate School-to-Work Transition:** To increase exposure to the City's operations to help students draw relevance to their education and identify future needs.
- 3. Demonstrate Leadership and Build Community Capacity:** To demonstrate leadership through showcasing City initiatives and mobilizing community stakeholders and businesses to participate in meaningful career development opportunities for youth.

For many years the City has provided volunteer placements, co-op placements, onsite job shadowing (particularly during the City's Annual "Take Our Kids to Work Day"), and a number of youth have been involved through the federal Youth Service Canada Youth Employment Initiatives in which the City partnered with North Shore Neighbourhood House in providing pre-employment opportunities within the municipality.





The City's *Studio in the City* art program has been one of the most creative ways of engaging youth facilitating their employment skills through participation in public art projects (See Section 6). Another example of facilitating young people's employment and career development skills is the *North Shore Youth in Film* program which involves mentoring young film makers in all aspects of the film production industry (See Section 6).

### THE YWCA ONE STOP CAREER SHOP

In 1998, the City in cooperation with the District of North Vancouver conducted a research project on the feasibility of developing a year-round employment centre. The results revealed overwhelming support and as such, the One Stop Career Shop ([www.cnv.org/YouthResources](http://www.cnv.org/YouthResources)) opened its doors in 1999 helping youth ages 15-30 find meaningful employment and connect with the labour market on a long-term basis. Funded by the federal government, the centre is located at 15 Chesterfield Place, right near the Seabus terminal.

### YOUTH RECREATION EMPLOYMENT TRAINING PROGRAM

The Recreation Commission provides a Youth Employment Skills (YES) program designed for North Vancouver youth aged 15 to 18, which provides the necessary training and certification for employment in the recreation industry as lifeguards, swim instructors, fitness instructors, personal trainers or general recreation leaders. The program offers three different streams, or 'modules' in Aquatics, Fitness and General Recreation.

[www.northvanrec.com](http://www.northvanrec.com)



# Section 6

## YOUTH AND ART

The City is committed to expanding opportunities for youth in the arts.

### NORTH VANCOUVER OFFICE OF CULTURAL AFFAIRS

In 2007, the City and District of North Vancouver established the Office of Cultural Affairs. Under their mandate they will implement a number of the recommendations outlined in the North Vancouver Cultural Plan (2002). One of the four primary areas of the Cultural Plan is “Increasing Opportunities for Youth in Arts” (See sidebar).

### NORTH VANCOUVER CENTENNIAL THEATRE

The “EyeGO to the Arts Program” was introduced by the Centennial Theatre in September 2007. EyeGO is a national program dedicated to making the arts accessible to high school students. By making the performing arts financially accessible, all high school students have the opportunity to experience, by choice, the powerful and positive influence of live performance. Providing a healthy entertainment option for high school students, EyeGO makes a positive impact on the youth of our community. The \$5 EyeGO tickets are available for all performances presented by Centennial Theatre (not rentals) with a maximum per performance of 5% of the house or 35 seats.

### NORTH SHORE YOUTH IN FILM

The “North Shore Youth in Film” bursary program is administered by the three North Shore municipalities to increase young people’s awareness of the film industry and to determine if filming may be a career interest. The program was designed due to the volume of filming in the late 1990’s and is an opportunity for the film industry and the community to work together for the benefit of the youth.



## OBJECTIVES OF THE NORTH VANCOUVER CULTURAL PLAN

Youth Arts and culture are an integral part of school experiences for young people

Build on opportunities for youth to be exposed to a wide range of arts and cultural experience in the community

Create more connections between North Vancouver’s artists and its young people



The Youth in Film program involves charging a fee to the film companies which film on public property then utilizing those fees for bursaries for youth to participate in a program called “Summer Visions”. Summer Visions is administered by Pacific Cinémathèque. From its inception, the Youth in Film program has seen more than 200 youth participate. ([www.cnv.org/YouthArt](http://www.cnv.org/YouthArt))

### STUDIO IN THE CITY

The City has provided a unique program to youth in North Vancouver, called “Studio in the City” ([www.cnv.org/YouthArt](http://www.cnv.org/YouthArt)). The approach of this program is to utilize professional artists in mentoring youth in the arts. Youth are typically paid an honoraria for their participation and are expected to treat their position like a job. Work related skills are taught in conjunction with life skills training to further the young people’s confidence and level of professionalism.

#### Studio in the City projects have included:

- artistic benches which have adorned the City streets and parks
- creation of a birdhouse gallery at Kingsmill Walk
- retiling of the Lonsdale Quay Fountain
- creation of a starfish seating arrangement on the deck of the Quay
- redesign of the foyer at Lonsdale Quay
- creation of artistic metal chairs at Mosquito Creek Park
- redesign of an outdoor garden on the top of the Kiwanis Tower
- redo of the Neighbourhood Café at North Shore Neighbourhood House
- redo of the youth centre at Harry Jerome recCentre
- a sculpture garden (in progress)



## Section 7

### YOUTH OUTREACH SERVICES

The City is committed to the provision of outreach and centre-based youth services to assist at-risk and potentially at-risk youth in growing up to be healthy and engaged citizens.

The City's Youth Outreach Program is the primary municipally funded service in the community for youth. The City's main service provider is North Shore Neighbourhood House and its secondary provider is Capilano Community Services Society. The City and the District's Youth Policy for Outreach and Centre-Based Youth Services is predicated on a neighbourhood-based model of youth services – recognizing that it is best to work with youth in their own neighbourhoods.

The Outreach Youth Services Policy for Outreach Youth Work and Centre-Based work details the five primary areas of service for youth between the ages of 10-24 years:

**1) Youth Engagement, Community Development and Additional Resources:** Includes a community development approach to youth engagement and the ability to secure other funding to supplement municipal dollars in order to enhance the continuum of youth services.

**2) Community Based One-to-One, and Group Based Work with At Risk Youth:** Includes client centered work with a diverse population of youth. The work includes pre-teens (10-12 years) teens (12-18 years) and youth transitioning into adulthood (19-24 years) – these age groups are inclusive of pregnant and parenting teens, homeless, at-risk and potentially at-risk youth.

**3) Recreation, Social Programming and Drop-In Centre Based Work:** Includes youth centre-based and recreation-oriented work designed to build trust and rapport among youth with the opportunity for more one-to-one work if required.





**4) Improved Coordination, Multi-Service Planning and Streamlined Referral Processes:** Includes a focus on case management, participation of core funded agencies at community networking tables/committees and a continued effort to improve referrals to and from youth serving organizations and ministries.

**5) Multiculturalism and Diversity:** Includes a focus on youth outreach hiring policies that reflect the diversity of the community, efforts to engage with diverse youth and training programs that include diversity as part of the professional development of youth workers.

**Inherent in these priorities is a focus on working with youth and family members including:**

- individual advocacy for youth at risk, and for youth who are potentially at risk, and more broadly, advocacy for youth as a whole.
- support to parents and families of youth at risk, or of youth who are potentially at risk.

#### **YOUTH OUTREACH AND CENTRE-BASED SERVICES**

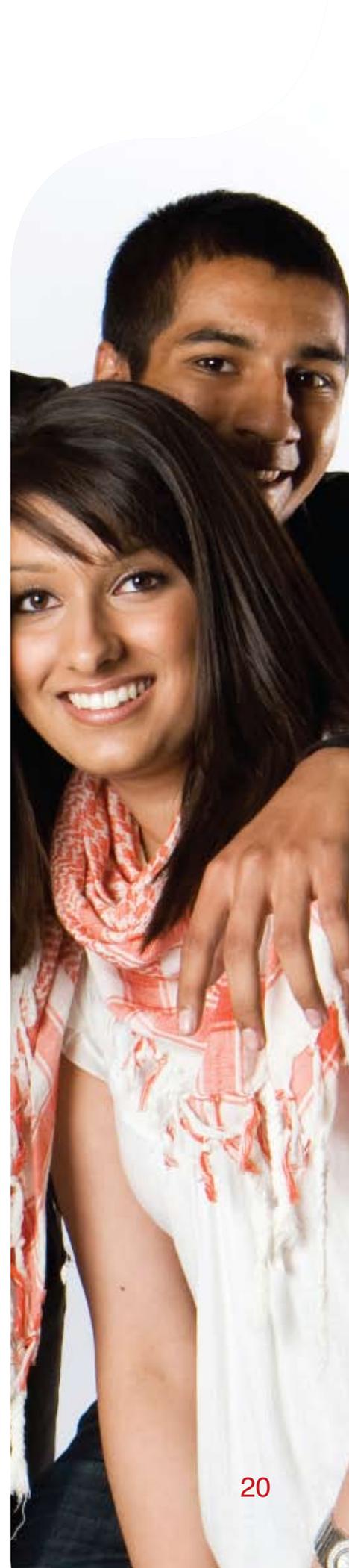
The mandate for the Youth Outreach Program is to work with at risk and potentially at risk youth aged 10-24 years old. Services include one-to-one, small group, out trips, classroom presentations and youth engagement. Through North Shore Neighbourhood House the City co-funds a Parent and Parenting Teen Worker (with Ministry for Children and Family Development) and funds four full-time youth workers, one of which works specifically with pre-teens and has an alcohol and drug prevention focus. The City also funds North Shore Neighbourhood House to employ a full-time Youth Centre Supervisor and several part-time youth centre staff.

The City's youth centres are located at North Shore Neighbourhood House, John Braithwaite Community Centre and Harry Jerome recCentre. Youth can not be older than 18 to access the centre-based resources.

The City also funds Capilano Community Services Society to provide youth work. There is a full-time Youth Outreach Worker who focuses on youth work and youth engagement. Capilano Community Services has a youth centre located at William Griffin.

#### **YOUTH OUTREACH SERVICES PROVIDE:**

- Opportunities for leadership and youth engagement
- Individual support (immediate one-to-one on-site and on-going), including crisis intervention and family mediation
- Opportunities for positive change for youth, including teaching life skills and skill development
- Referral to community resources to facilitate healthy lifestyle choices
- Access to information for youth
- Assessment of needs of youth and provision of programs to meet those needs
- Small group and classroom presentations on youth issues
- Opportunities for drug and alcohol education, assessment and referral





## Section 8

May 2008,  
Ms. Cassandra  
Buckley receives the  
City's first Centennial  
Scholarship with  
Mayor and Council  
and members of the  
North Shore  
Community  
Foundation Board.



### CIVIC YOUTH AWARDS PROGRAM

The City is committed to recognizing the accomplishments and contributions of youth in the community.

### CIVIC YOUTH RECOGNITION AWARDS PROGRAM

The City's Civic Youth Awards Program recognizes youth between the ages of 10 and 21 years for noteworthy achievements and contributions to the community. The awards program also recognizes adults, businesses, schools, and service clubs that have provided outstanding support for youth.

#### The awards are conferred in six categories:

- Youth Recognition Award for personal accomplishments
- Youth Community Enhancement Award for work in the community
- Outstanding Supporter of Youth Award
- Outstanding Youth Team Award
- Outstanding Youth Friendly Business
- Random Acts of Kindness Award

Each year the City receives numerous nominations and hosts a gala reception in the winners' honour. A prestigious Council event, the Youth Awards ceremony has proven to be an excellent way of acknowledging the outstanding contributions of so many youth and other members of the community.

Those who win the Random Acts of Kindness Award have their name engraved in a paving stone at the City's Random Acts of Kindness Pathway located at the City's Skateboard Park. The Random Acts of Kindness Pathway pays tribute to Rachel Davis, a young woman who selflessly lost her life in a fight while trying to save another person.

## YOUTH CENTENNIAL SCHOLARSHIP PROGRAM

In April 2008, North Vancouver City Council endorsed a “Youth Centennial Scholarship Program in Perpetuity”. The program is administered by the North Shore Community Foundation on behalf of the City. The program provides annual scholarships (\$1,000 each) to youth who have demonstrated outstanding community service and who are pursuing post-secondary education.

### CRITERIA:

- Applicant must have a satisfactory Grade Point Average
- Applicant must have the intention to pursue secondary education and/or training: Proof of full-time registration in a post-secondary institution or training school will be required before any money is disbursed to the student’s credit at the school
- Applicant, who is not a resident of the City of North Vancouver, must demonstrate outstanding community service in the City of North Vancouver (more than 30 hours)
- Applicant, who is a resident of the City of North Vancouver, must demonstrate outstanding community service in the City of North Vancouver or elsewhere (more than 30 hours)
- Financial need is a relevant factor
- Individual achievement(s) will be taken into consideration including, but not limited to, arts/athletics/academics and overcoming adversity
- The successful applicant must provide proof of full-time registration within the second year after the awarding of the scholarship

**[www.cnv.org/YouthAwards](http://www.cnv.org/YouthAwards)**





## Section 9

### YOUTH GRANTS

The City is committed to the development of programs and services for youth.

#### CHILDREN AND YOUTH INITIATIVE FUND

The City provides financial support for events, programs and services for children and youth in the City of North Vancouver. The Children and Youth Initiatives Fund is available for community stakeholders and youth in the City of North Vancouver to engage young people in the community.

The goal of this fund is to create opportunities for youth to initiate projects, contribute to the community, develop new skills, enhance their self-esteem and self-confidence, and encourage broad community involvement. Projects that have received funding in the past include youth out-trips, extra-curricular education programs, social and lifeskills training, support groups and expanded programming at teen centres. Additional information is available online at Children and Youth Initiatives Fund ([www.cnv.org/YouthGrants](http://www.cnv.org/YouthGrants)).

Youth are able to apply directly to the fund for up to \$500 and non-profit societies, schools and other professional stakeholders are able to apply for up-to \$3,000. There is no deadline for the \$500 grants (based on a first-come, first-served basis). March 31<sup>st</sup> of each year is the deadline for the \$3,000 grants.

#### VIOLENCE PREVENTION IN SCHOOLS GRANTS

The City provides School District #44 with a grant each year to develop, deliver and host violence prevention programming in schools ([www.cnv.org/YouthGrants](http://www.cnv.org/YouthGrants)).



Emerging and outstanding violence prevention concerns that are to be addressed by this funding include:

- healthy decision making skills, healthy relationships, suicide prevention
- effective communications and conflict resolution skills
- stranger awareness, internet safety, bully proofing, diversity training
- elementary to secondary school transition
- knowledge of counselling resources

For more information contact the School District's Administrators of Safe and Caring Schools at 604.903.3444.

### SPORT AND RECREATION TRAVEL GRANTS

The Recreation Commission provides travel grants for North Vancouver residents to compete in significant out-of-province championship events by the provision of a travel funding assistance grant on a shared basis (\$100 per City resident/player to a maximum of \$500 for the team). For more information call: 604.983.6317

### OTHER GRANTS

Other grants the City makes available which may be utilized for youth programming include: Lower Lonsdale Legacy Fund, Community Enhancement Fund, and the Festival and Event Grants. [www.cnv.org/Grants&Funding](http://www.cnv.org/Grants&Funding)





## Section 10

### **YOUTH WEEK**

The City is committed to celebrating the value of youth in the community.

Held during the first week of May each year, Youth Week is devoted to the celebration of youth and their achievements. It is an opportunity to focus on the positive contributions of youth and the importance of youth in all communities. Youth Week in North Vancouver has traditionally been sponsored by the municipalities, Lions Gate Rotary and North Shore News.

Every year the City looks for energetic young people to coordinate and plan Youth Week in North Vancouver.

[www.cnv.org/YouthCommittees](http://www.cnv.org/YouthCommittees)





# Section 11

## YOUTH AND RECREATION

The City is committed to providing recreational services for all community members.

The North Vancouver Recreation Commission is funded through both the City of North Vancouver and District of North Vancouver. The Recreation Commission's primary goal is to ensure that recreation is utilized to achieve healthy citizens, families and communities. The Recreation Commission works closely with other public, not-for-profit and private agencies to achieve their mandate and goals. An example of this partnership is the provision of Youth Centres located in many of the recreation and community centres such as John Braithwaite Community Centre and Harry Jerome RecCentre. John Braithwaite Community Centre is a unique partnership between North Shore Neighbourhood House and the Recreation Commission.

### CITY SKATE PARK

In 2003, The City officially opened a 16,000 sq ft street-style skate park at 23rd and Lonsdale. Over 40 youth were involved in the development and design of the park with designer Jim Barnum of Spectrum Skate Park Creations. [www.cnv.org/SkatePark](http://www.cnv.org/SkatePark)

### YOUTH OUTREACH PROGRAM AND DROP-IN CENTRES

The City youth workers provide social and recreational opportunities for youth between the age of 10 – 24 years. The youth centres are available to youth up to age 18 and offer a variety of youth led and inspired activities (see Section 7).

## CITY YOUTH CENTRES LOCATIONS

Capilano Youth Lounge / The Zone  
William Griffin recCentre  
851 West Queens Rd

Lonsdale Youth Lounge Harry Jerome recCentre  
123 East 23rd St

John Braithwaite Youth Centre  
145 West 1st

North Shore Neighbourhood House  
225 East 2nd St

See [www.cnv.org/YouthResources](http://www.cnv.org/YouthResources) for a complete listing of Youth Centres on the North Shore



## Section 12

### YOUTH SAFETY

The City is committed to ensuring that youth live in a safe environment free from discrimination, harassment and violence.

#### NORTH VANCOUVER RCMP

The North Vancouver RCMP is the primary service provider funded by the municipality for working with youth from a crime prevention and intervention perspective. A key objective of the RCMP's National Youth Strategy is working with young people to prevent crimes involving them either as victims or offenders.

The RCMP helps young people stay safe in their communities by using crime prevention through social development to reduce youth crime and victimization. The RCMP believes that youth themselves have valuable solutions to offer and is committed to working with youth to build safe homes and safe communities.

The RCMP tries to prevent youth crime by addressing the underlying causes and responding to the needs of young persons, especially those in situations of risk. In keeping with the principals of the Youth Criminal Justice Act (April 2003), the RCMP National Youth Strategy emphasizes early intervention, meaningful consequences, restorative approaches and community-based involvement will continue to seek input from communities, especially youth and youth service organizations, through developing "Youth Community Plans".

The RCMP partners with the municipal youth services and youth service providers in working with young people in providing them with alternative measures to the criminal conviction processes. Such organizations include: Capilano Community Services Society, North Shore Neighbourhood House, John Braithwaite Center, Parkgate Community Services Society,



A key objective of the RCMP's National Youth Strategy is **working with young people** to prevent crimes involving them either as victims or offenders.

North Shore Youth Justice Office, North Shore Restorative Justice Society, Squamish Nation and Tsleil-Watuth Nation.

### YOUTH INTERVENTION UNIT

The North Vancouver RCMP has a Youth Intervention Unit (Y.I.U.), with five members, whose mandate is to build strong community partnerships in order to proactively engage at risk youth both in the schools and the community. The Y.I.U. builds rapport and forms positive relationships youth in order to reduce criminality. The officers also provide classroom presentations for Grades 5-10 on bullying, internet safety, drugs and alcohol, positive decision making, violence and gang recruitment. For more information on the Youth Intervention Unit call 604.904.7351.

### ACT POSITIVE

The City, District and North Vancouver Recreation Commission developed a reward program for youth called, Act Positive. This card is issued by police officers or youth workers to youth who are caught in the act of doing something positive for others. The card is redeemable for four recreational activities including, swimming, skating, climbing wall and open gym. North Vancouver initiated this program after learning about a similar project in Richmond and so far it has proven effective in building relationships between youth and police officers.



**ONE FREE ADMISSION TO:**  
For Youth to 18 Years

- PUBLIC SKATE**  
Harry Jerome & Karen Magnusson  
seeCentre
- PUBLIC SWIM**  
Ron Andrews, Harry Jerome, William Duffin  
& Karen Magnusson seeCentre
- OPEN GYM & CLIMBING WALL**  
Parkgate Community Centre
- AFTER SCHOOL SPORTS**  
John Braithwaite Community Centre

\*For days & times call 604-967-PLAY  
or check out [www.northvanrec.com](http://www.northvanrec.com)  
Expires Dec 31 2008

Kids Help Line (24hrs)	1-800-668-6868
North Shore Youth Safe House	1-477-780-6884
North Van Youth Services	604-900-2344
MCFD After-Hours	604-319-1234
Women's Crisis Line	604-967-3374
RCMP non-emergency	604-985-1311
Emergency	311





### **NORTH SHORE RESTORATIVE JUSTICE SOCIETY**

The City and District of North Vancouver co-fund the North Shore Restorative Justice Society. This society works with offenders and their victims to bring about awareness and responsibility as well as forgiveness. In this model, the offender meets with the victim and a number of other supportive adults to discuss the crime and its impact, ideally bringing long-term change and restitution. For more information contact: 604.990.7462 or [info@nsrj.ca](mailto:info@nsrj.ca).

### **VIOLENCE PREVENTION IN SCHOOLS FUNDING**

As mentioned in Section 9, the City provides School District #44 with a grant each year to develop, deliver and host violence prevention programming in schools. For more information contact the School District's Administrators of Safe and Caring Schools at 604.903.3444.



## Section 13

### YOUTH HEALTH

The City is committed to facilitating young people's healthy development.

#### VANCOUVER COASTAL HEALTH

In addition to the City's Youth Outreach Program which works with at risk and potentially at risk youth, providing informal counselling, support and referrals, there are a number of other government services that are available to youth to facilitate their healthy development. Vancouver Coastal Health provides a number of health services including youth health clinics and an eating disorder clinic located in the City of North Vancouver (see sidebar). [www.cnv.org/YouthResources](http://www.cnv.org/YouthResources)

#### VANCOUVER COASTAL HEALTH MENTAL HEALTH AND ADDICTIONS PROGRAM

The Municipal Youth Outreach Program works with the youth services provided through the Mental Health and Addictions Services. For more information contact: 604.984.3770

#### MINISTRY FOR CHILDREN AND FAMILY DEVELOPMENT

The other primary Ministry that the municipal youth workers liaise with is the Ministry for Children and Family Development (MCFD). This Ministry provides specialized services for clinical situations, family issues, concerns and disputes, probation and guardianship. The Ministry contracts with Hollyburn Family Services to provide family reunification and mediation services as well as assisting youth with their transition from adolescents to adulthood. For more information contact: 604.984.3770.

In partnership with the Ministry for Children and Family Development, The City provides funding for a Pregnant and Parenting Teen Worker through North Shore Neighbourhood House. This position serves as a resource and advocate for young parents ages 13 – 20 years. [www.cnv.org/YouthResources](http://www.cnv.org/YouthResources)

#### YOUTH CLINIC:

John Braithwaite  
Community Centre  
2nd floor,  
145 West 1st St.

Monday: 3:15pm-6:15pm  
Youth Clinics are provided for adolescents aged 13 to 19. Services include birth control, emergency contraception, STD/HIV testing, pregnancy testing, immunizations, health information, support, counselling and referrals to community agencies.

#### VCH NORTH SHORE CENTRAL COMMUNITY HEALTH CENTRE

5th Floor  
132 West Esplanade  
604-983-6700  
Services are offered  
Mon – Fri  
8:30am – 5:00pm

#### EATING DISORDERS CLINIC (BE REAL)

Located at Lions Gate Hospital, program focuses on prevention and early intervention for children and youth with concerns related to body image or disordered eating. Open two Wed afternoons per month for youth between 11-19 yrs. Contact: [www.vch.ca/nutrition/bc\\_real.tm](http://www.vch.ca/nutrition/bc_real.tm) or Ph: 604.984.3770.

## Section 14

### YOUTH HOMELESS PREVENTION

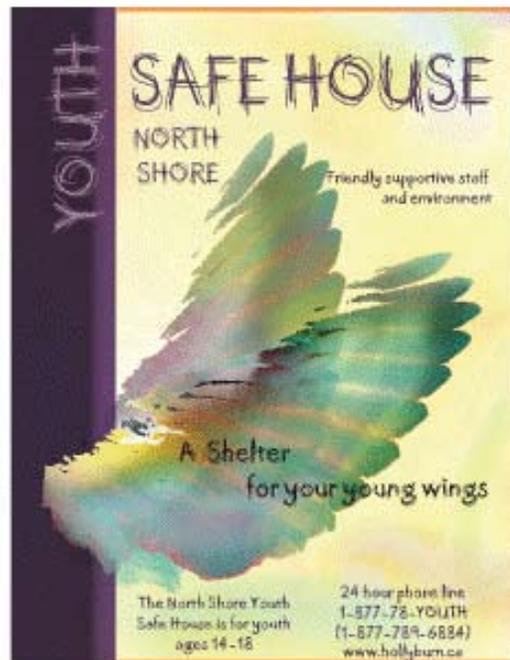
The City is committed to the prevention of youth homelessness.

#### NORTH SHORE YOUTH SAFE HOUSE

Operated by Hollyburn Family Services Society, the North Shore Youth Safe House is a place where youth can find a comfortable and secure place to stay. The Safe House is staffed 24-hours a day, 7-days a week. The primary funding for the Safe House is provided by the federal government, the province, the District of North Vancouver and private donations including the North Shore Rotary Clubs. All the North Shore municipally-funded Youth Outreach Workers work in partnership with the staff from this Safe House to help youth return home or access more suitable housing.

The North Shore Youth Safe House is a District-owned house and is a resource for youth between the ages of 13–18, in need of a safe place where their immediate basic needs can be met. The upper floor of

Operated by  
Hollyburn Family  
Services Society,  
The North Shore  
Youth Safe House is  
a place where youth  
can come and find a  
comfortable  
and secure  
place to stay.



the home is a four-bed 24-hour staffed resource providing short-term emergency accommodation and support services designed to return youth to a stabilized family home or alternate living environment. The lower level of the home is a separate, two-bed longer-term resource designed to provide transitional support towards independent living.

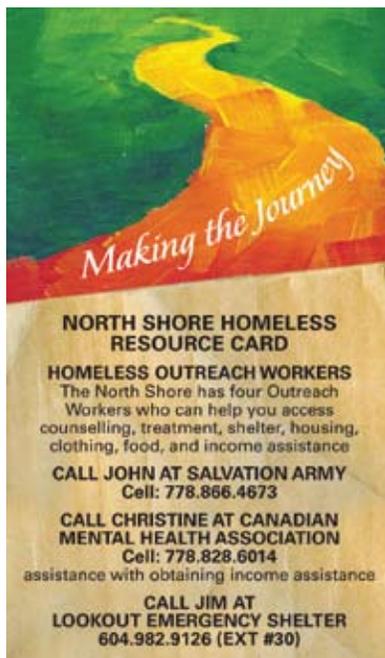
The Safe House utilizes an Integrated Case Management Model approach to provide the community supports required to meet the complex needs of high risk youth. Residents of the Safe House have access to a wide variety of therapeutic services. Call Toll-Free 24/7 1-877-78-YOUTH 1-877-789-6884

[www.cnv.org/YouthResources](http://www.cnv.org/YouthResources)

### HOMELESS RESOURCE CARD

In partnership with the District of North Vancouver and North Shore Community Resources Society, the City produced a Homelessness Resource Card – for adults and youth.

[www.cnv.org/YouthResources](http://www.cnv.org/YouthResources)



# Section 15

## RESOURCES AND COMMITTEES

The City is committed to developing a coordinated continuum of youth services.

The City has designed a variety of publications relevant for youth service providers and youth. Please see the City's website for further information: [www.cnv.org/YouthResources](http://www.cnv.org/YouthResources)

### RESOURCES

- 2007 Directory of Youth Services on the North Shore
- 2008 Youth Info on the North Shore
- 2008 Homelessness Resource Card

### YOUTH POLICIES [www.cnv.org/YouthPolicy](http://www.cnv.org/YouthPolicy)

- City of North Vancouver Youth Employment and Career Development Strategy
- City of North Vancouver Social Plan
- Youth Outreach Policy
- Executive Summary of Review of Youth Outreach Services
- North Shore Youth Services Review Summary of Stakeholder Interview Feb–April 2006
- Vision 2020: A Youth Friendly North Shore



## YOUTH SERVICE PROVIDER COMMITTEES

- North Shore Middle Years Matters Committee
- Action on Prevention
- North Shore Youth Services Coalition
- North Shore Safe House Advisory Committee
- Regional Youth Week Committee
- Children and Youth Initiatives Grant and Awards Committee
- North Shore Homelessness Task Force

[www.cnv.org/YouthCommittees](http://www.cnv.org/YouthCommittees)

**“If it takes a village to  
raise a child,  
how many children does  
it take to raise the village?”**

– Harry Wilson  
Associate Commissioner,  
Family and Youth Services, U.S.  
1996 –



# Civic Youth Strategy Programs and Resources 09



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